

Course Title : Barbering (English)

Course Description:

This course prepares the student for the California state board of Barbering and Cosmetology licensure exam and career in Barbering. The student will learn techniques based on demonstration and practical application using safety and public health rules and regulations pertaining to Barbering. Related and supplemental instructions will be giving in barbering chemistry, anatomy and physiology related to barbering hair coloring, haircutting and styling, manicuring, hair removal as well as theory of massage and salon shop management. The course in barbering is designed to be completed within two years or 3200 hours of on-the-job training OJT in conjunction with 240 hours of related and supplemental instruction. After successful completion of this course students can practice safety and sanitation precautions as they perform basic procedures for clients and preparation for real world clients and readiness.

Goals:

Upon completion of this course students can practice safety and sanitation precautions as they perform basic procedures. The goals of this Barber course are to provide students: work-based learning in which students gain knowledge and skills to stand out in a competitive environment.

Outcome of the course:

1. The purpose of this course is to introduce the student to the technical and Practical skills required to earn a Barber license.
2. The course content is dictated by the California State board of barbering and cosmetology.
3. The laws, safety practice and the knowledge of sanitation procedures and client protection are introduced and practiced throughout the training of the Health and safety course, laws and regulations of the Board Of Barbering And Cosmetology.
4. The student will develop the basic manipulative skills through practice in a extensive training.
5. The student will have adequate academic knowledge to apply technical and practical work procedures as well as the real-world examples and expectation.

Performance Objectives :

Upon completion of the course, The Apprentice will demonstrate a working knowledge of and proficiency in performing the following areas:

- The History Of Barbering
- Life Skills
- Professional Image
- Infection Control; Principles And Practices
- Implement, Tools, And Equipment
- General Anatomy And Physiology
- Basics Of Chemistry
- Basics Of Electricity
- The Skin-Structure, Disorders, And Disease
- Properties And Disorders Of The Heroin Scalp
- Treatment Of The Hair And Scalp
- Men's Facial Massage And Treatments
- Shaving And Facial- Hair Design
- Men's Hair Cutting And Styling
- Men's Hair Replacement
- Women's Hair Cutting And Styling
- Chemical Texture Services
- Hair Coloring And Lightening
- Preparing For Licensure And Employment
- Working Behind The Chair
- The Business Of Barbering

Instructional Strategies:

Methods of instruction include the following:

Lecture

Demonstration

practical application

Individualized, small, and whole group instructions

Class discussion

Textbooks, workbook, and other delivery methods

Evaluation :

Written examination

Assignments

Practical application

Teacher observation

Repetition :

The course of barbering has been set up to be completed by the student and 3200 hours of attendance. Students who have learning disabilities, but are showing progress, may be allowed additional time, not to exceed 50% of the original course competition schedule.

Credit :

Credit is given for competency demonstrated at the skilled or semi - skilled proficiency level.

TEXTBOOKS, READINGS, AND OTHER MATERIALS :

- Milady Standard Barbering 6th Edition
- Theory Workbook For Milady Standard Barber
- Milady Standard Barber Exam Review
- Health And Safety Training Course
- Board Of Barbering And Cosmetology Act And Regulations

UNITS OF INSTRUCTION :

UNIT 1 _____ 10 Hours

The History Of Barbering

- Discuss the evolution of barbering and the origin of the word Barber.
- Describe the practices of the Barber-surgeons in the meaning behind the Barber pole.
- Identify the organizations responsible for advancing the barbering profession and explain the function of state Barber boards.
- Recognize the resurgence of barbering in the twenty-first Century and the wealth of opportunities available to the new Barber.

UNIT 2 _____ 10 Hours

Life Skills

- List the skills to put into action.
- List the principles that contribute to personal and professional success.
- Create a mission statement.
- Explain long-term and short-term goals.
- Discussed the most effective ways to manage time.
- Demonstrate good study habits.
- Define ethics
- list the characteristics of a healthy, positive attitude. Alright

UNIT 3 _____ 10 Hours

Professional Image

- Name 4 important personal hygiene habits.
- Explain the concept of dressing for success.
- Practice ergonomically correct movement, postures, and principles.
- Demonstrate an understanding of human relations and communication skills.

UNIT 4 _____ 15 Hours

Infection Control Principles And Practices

- Discussed federal and state agencies that regulate the practice of barbering.
- List the types and classifications of bacteria.
- Define bloodborne pathogens and explain how they are transmitted.
- Explain the differences between cleaning, disinfecting, and sterilizing.
- Identify types of disinfectants and antiseptics appropriate for use in Barbershops.
- Discuss standard precautions and explain procedures for handling an exposure incident.
- Discuss safe work practices that help prevent accidents and injuries.
- List your responsibilities as a professional Barber.

UNIT 5 _____ 10 Hours

Implements, Tools, And Equipment

- List the principal tools of the trade used in barbering.
- Describe when to use different combs and brushes.
- Discussed and identified the types of hair cutting shears.
- Identify the parts of hair cutting shears.
- Show how to properly hold shears for haircutting.
- Show how to palm the shears and comb.
- Describe two types of clippers.
- Identify the main parts of a clipper.
- Show different ways to hold clippers for hair cutting.
- Name two types of straight razors.
- Identify the different parts of a straight razor.
- Show how to hold a straight razor for shaving, honing, and stropping.
- Show how to hold a straight razor for haircutting.

UNIT 6 _____ 10 Hours

General Anatomy And Physiology

- Define and explain the importance of anatomy, physiology, and histology to the barbering profession.
- Describe cells, their structure, and their production.
- Identify and define the types of tissues found in the body.
- Define organs and body systems.
- Name the main body systems and explain their basic functions.

UNIT 7 _____ 10 Hours

Basics Of Chemistry

- Define organic and inorganic chemistry.
- Define the properties of matter.
- Discuss the physical and chemical properties of matter.
- Explain oxidation-reduction reactions.
- Describe emulsions, suspensions, and solutions.
- Define pH and describe the pH scale.
- Explain how product pH levels affect the hair and skin.
- Name nine types of shampoos.
- List four classifications of conditioners.
- These other cosmetic preparations used in barbering services.

UNIT 8 _____ 10 Hours

Basics Of Electricity

- Define electricity.
- Define common electrical terms and measurements.
- Describe electrical safety devices.
- Examine the modalities a Barber might be able to utilize depending on state licensing regulations.
- Explain the electromagnetic spectrum, visible spectrum of light, and invisible light.
- Identify devices used in light-therapy treatments.

UNIT 9 _____ 10 Hours

The Skin- Structure, Disorders, And Diseases

- Describe the structure and divisions of the skin.
- List the functions of the skin.
- Identify and describe common primary and secondary skin lesions.
- Describe common skin inflammations and infections.
- Less than describe these orders of the sebaceous and sudoriferous glands.
- Less than described types of skin pigmentation.
- Identify common skin hyper trophies.
- Identify and describe types of skin cancer.

UNIT 10 _____ 10 Hours

Properties And Disorders Of The Hair And Scalp

- Identify and distinguish the different structures of the hair root.
- Identify and distinguish the three layers of the hair shaft.
- Identify and explain the three types of sidebands of the cortex.
- Name and describe the three phases of the hair growth cycle.
- Identify and define seven types of hair loss.
- Identify and describe FDA-approve treatments for hair loss.
- Identify and define common hair disorders.
- Define common scalp disorders and identify those requiring medical attention.
- Identify the factors to be observed and considered during a hair and scalp analysis.

UNIT 11 _____ 10 Hours

Treatment Of The Hair And Scalp

- Discuss the benefits of shampoo service.
- Select products for different hair types and textures.
- Describe proper draping procedures for various services.
- Identify basic considerations for performing Asian pool service.
- Describe two shampoo methods.
- Discussed reasons why a client may find fault with a shampoo service.
- Describes scalp massage manipulations and techniques.
- Explain services that may be included in a hair or scalp treatment.

UNIT 12 _____ 10 Hours

Men's Facial Massage And Treatments

- List the modalities that affect the muscle action.
- Know the muscles of the scalp, face, and neck.
- List the modalities that affect nerve responses.
- Know the main cranial nerve branches of the scalp, face, and neck
- Identify arteries and veins affected by facial massage.
- Name and describe massage manipulations.
- Explain the use of facial and electrotherapy equipment.
- Identify skin types, facial treatments, end products.

UNIT 13 _____ 15 Hours

Shaving And Facial Hair Design

- List basic guidelines for shaving a client.
- Identify the 14 shaving areas of the face.
- Explain what you need to know about razor positions and strokes to perform a shape safely and effectively.
- Describe the differences between various facial-hair designs.
- Discussed infection control and safety precautions associated with shaving.
- Demonstrated how to handle a straight razor safely.
- Demonstrate the freehand, backhand, reversed –freehand, end reverse-backhand positions and strokes.
- Demonstrate a shade service.
- Demonstrate a neck shave.
- Demonstrate a mustache trim.
- Demonstrate cutting in beard designs.

UNIT 14 _____ 15 Hours

Men's Hair Cutting And Styling

- Explain the importance of the client consultation and consider questions that help you envision the client's desired outcome.
- Describe anatomical features that influence hair cutting and styling.
- Identify the sections of the head as the applied to haircutting.
- Identify tapering and blending areas.
- Define design elements used in hair cutting and styling.
- Define basic terms used in hair cutting and styling.
- Explain basic cutting techniques using shears, Clippers, in razors.
- Describe basic haircut styles.
- Describe haircut finish work.
- Describe basic styling techniques.
- Discussed hair cutting and styling safety precautions.
- Demonstrate basic haircuts and styling techniques.

UNIT 15 _____ 10 Hours

Men's Hair Replacement

- Discuss the reasons why men may purchase a hair replacement system.
- Understand the factors that influence hair replacement services.
- Discuss selling hair replacement systems.
- Discuss alternative hair replacement methods.
- Identify the types of hair used in hair replacement systems.
- Define stock and custom replacement systems.
- Recognize supplies needed to service hair replacement systems.
- Describe how to clean and service a hair replacement system.
- Describe how to fit and cut in a hair replacement system.

UNIT 16 _____ 15 Hours

Women's Hair Cutting And Styling

- Identify the differences between men's and women's haircutting.
- Describe 4 basic women's haircuts.
- Explain wave formation and curly hair textures.
- Discussed other hair cutting techniques.
- Explain different hairstyling techniques.
- Demonstrate a blunt cut.
- Demonstrate a graduated cut.
- Demonstrate a uniform-layered cut.
- Demonstrate a long-layered cut.

UNIT 17 _____ 15 Hours

Chemical Texture Services

- Describe how to permanent waves, relaxers, and curl reformation services change the appearance of the hair.
- List topics to discuss during a client consultation.
- Identify 6 characteristics of the hair and scalp that are analyzed before performing chemical texture services.
- Describe how the ingredients in permanent waves, relaxers, and curl reformation services are chemically similar and chemically different from each other.
- Explain the physical and chemical actions of a permanent waving, chemical relaxing, and curl reformation processes.
- Identify types of perm rods and wrapping techniques.
- Define on-base, half off-base, and off-bass right placement.
- Identify two types of chemical relaxers.
- Explain the difference between based end no-base relaxers.
- List 3 strand test to be performed before a chemical relaxing process.
- Explain the three steps of a curl reformation process.
- Describe the intent outcomes of texturizer and chemical blowout services.

UNIT 18 _____ 15 Hours

Haircoloring And Lightening

- Identify six hair characteristics that are analyzed before performing haircoloring services.
- Explain color theory principles as they apply to hair color services.
- Identify hair color products and explain their actions on hair.
- Explain the action of lighteners on hair.
- Explain procedure and application terms.
- Explain how hair color products are selected and applied to hair.
- List hair coloring in lightening Safety precautions.

UNIT 19 _____ 10 Hours

Preparing For Licensure An Employment

- Describe the process of taking and passing your state licensing examinations.
- Develop a resume and employment portfolio.
- Know how to explore the job market, research potential employers, and operate within the legal aspects of employment.

UNIT 20 _____ 10 Hours

Working Behind The Chair

- Describe what is expected of a new employee and what this means in terms of your everyday behavior.
- List the habits of a good barbershop team player.
- Describe three different ways in which barbers are compensated.
- Determine the best way to record your tips and make additional income.
- Explain the principles of selling products and services in the barbershop.
- List the most effective ways to build a client base.

UNIT 21 _____ 10 Hours

The Business Of Barbering

- Identify two options for going into business for yourself.
- List the basic factors to be considered when opening a Barber shop.
- Compare types of barbershop ownership.
- Recognize the information that should be included in a business plan.
- Explain the importance of record keeping.
- Examine the responsibilities of a booth renter.
- Distinguish the elements of successful barbershop operations.
- Validate why advertising is a vital aspect of a Barbershop's success.

Total Hours : 240