



Related Training For Cosmetology/240 Hour Temporary Distance Education Online Course
 BAKERSFIELD,DOWNEY,OXNARD, OCEANSIDE-Calendar

Cosmetica Cosmetology and Barbering Unilateral Apprenticeship Committee
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5 Hour credit per chapter
You are required to sign in into Cosmetica

AUG. 3	THEME	AUG. 10	THEME	AUG. 17	THEME	AUG. 24	THEME	AUG 31	THEME	SEP 7	THEME	SEP 14	THEME	SEP 21	THEME
Theo: Chap. 26	Pedicuring	Theo: Chap.27	Nail Tips & Wraps	Theo: Chap. 28	Monomer Liquid & Polymer Powder Nail Enhancements	Theo: Chap. 29	Light Cured Gels	Theo: Chap. 30	Preparing For Licensure & Employment	Theo: Chap. 31	On The Job	Theo: Chap 32	The Salon Business	Theo: Chap. 1	History & Career Opportunities
Pract. NIC: 9-10	*Virgin Hair Relaxer Application with Colored Simulated Product *Blood Exposure Procedure	Pract. NIC: 11	(14) Basic Facial	Pract. NIC: 12	(20) Sculptured Nail	Pract. NIC: 1-2	*Working Area and Client Preparation, and Set up of Supplies (1st Client) *Thermal Cutting	Pract. NIC: 3	Haircutting	Pract. NIC: 4-5	*Work Area and New Client Preparation, and Set up of Supplies (2nd Client) *Chemical Waving	Pract. NIC: 6-7-8	*Predisposition Test and Strand Test with Simulated Product. *Highlight with Foil, Virgin Application with Colored Simulated Product *Hair Color Retouch with Colored Simulated Product	Pract. NIC: 9-10	*Virgin Hair Relaxer Application with Colored Simulated Product *Blood Exposure Procedure
BBC Theory Sec. 8:	Health & Safety: Solving Health and Safety Problems	BBC Theo Sec. 9:	Health & Safety: Worker's Rights	BBC Theo Sec. 1:	Health & Safety: The Board of Barbering and Cosmetology	BBC Theo Sec. 2:	Health & Safety: Chemicals and Your Health	BBC Theo Sec. 3:	Health & Safety: Safety Data Sheets:What You Need to Know	BBC Theo Sec. 4:	Health & Safety: Protecting Yourself From Hazardous Chemicals	BBC Theo Sec. 5:	Health & Safety: Ergonomics: Fitting The Job To The Person	BBC Theo Sec. 6:	Health & Safety: Communicable Diseases
SEP 28	THEME	OCT 5	THEME	OCT 12	THEME	OCT 19	THEME	OCT 26	THEME	NOV 2	THEME	NOV 9	THEME	NOV 16	THEME
Theo: Chap. 2	Life Skills	Theo: Chap. 3	Your Professional Image	Theo: Chap. 4	Communicating For Success	Theo Chap. 5	Infection Control: Principles & Practices	Theo: Chap. 6	General Anatomy & Physiology	Theo: Chap. 7	Skin Structure, Growth & Nutrition	Theo: Chap 8	Skin Disorders & Diseases	Theo: Chap. 9	Nail Structure & Growth
Pract. NIC: 11	(14) Basic Facial	Pract. NIC: 12	(20) Sculptured Nail	Pract. NIC: 1-2	*Working Area and Client Preparation, and Set up of Supplies (1st Client) *Thermal Cutting	Pract. NIC: 3	Haircutting	Pract. NIC: 4-5	*Work Area and New Client Preparation, and Set up of Supplies (2nd Client) *Chemical Waving	Pract. NIC: 6-7-8	*Predisposition Test and Strand Test with Simulated Product. *Highlight with Foil, Virgin Application with Colored Simulated Product *Hair Color Retouch with Colored Simulated Product	Pract. NIC: 9-10	*Virgin Hair Relaxer Application with Colored Simulated Product *Blood Exposure Procedure	Pract. NIC: 11	(14) Basic Facial
BBC Theory Sec. 7:	Health & Safety: Health and Safety Laws and Agencies	BBC Theory Sec. 8:	Health & Safety: Solving Health and Safety Problems	BBC Theo Sec. 9:	Health & Safety: Worker's Rights	BBC Theo Sec. 1:	Health & Safety: The Board of Barbering and Cosmetology	BBC Theo Sec. 2:	Health & Safety: Chemicals and Your Health	BBC Theo Sec. 3:	Health & Safety: Safety Data Sheets: What You Need to Know	BBC Theo Sec. 4:	Health & Safety: Protecting Yourself From Hazardous Chemicals	BBC Theo Sec. 5:	Health & Safety: Ergonomics: Fitting The Job To The Person
NOV 23	THEME	NOV 30	THEME	DEC 7	THEME	DEC 14	THEME	DECEMBER 21, 2020- JANUARY 1, 2021							
Theo: Chap. 10	Nail Disorders & Diseases	Theo: Chap. 11	Properties Of The Hair & Scalp	Theo Chap. 12	Basics Of Chemistry	Theo: Chap. 13	Basics of Electricity	**NO CLASSES PER OBSERVED HOLIDAYS**							
Pract. NIC: 12	(20) Sculptured Nail	Pract. NIC: 1-2	*Working Area and Client Preparation, and Set up of Supplies (1st Client) *Thermal Cutting	Pract. NIC: 3	Haircutting	Pract. NIC: 4-5	*Work Area and New Client Preparation, and Set up of Supplies (2nd Client) *Chemical Waving								
BBC Theo Sec. 6:	Health & Safety: Communicable Diseases	BBC Theory Sec. 7:	Health & Safety: Health and Safety Laws and Agencies	BBC Theory Sec. 8:	Health & Safety: Solving Health and Safety Problems	BBC Theo Sec. 9:	Health & Safety: Worker's Rights								

Additional Sources:

Do not forget to download the *Health and Safety Training Course Textbook* and the *Student Exam Booklet*, free of charge at:

- https://www.barbercosmo.ca.gov/schools/heathsafety_course.shtml
- For more information on the practical and written exams, go to: <https://www.barbercosmo.ca.gov>
 - “Applicants”, at the bottom select, “Examination Information”
 - NIC Webcasts
- Under “Practical Examinations”, Select “Candidate Information Bulletin Cosmetology”